

SPRING 2025

Perspective

DONALD BERMAN
JEWISH ELDERCARE
CHSLD JUIF

DONALD BERMAN
MAIMONIDES
Going further in geriatric care
À l'avant-garde des soins gériatriques

HOLENS: Donors fund innovative technology



Scotiabank.

PRESENTS

DONALD BERMAN MAIMONIDES

**BATTLE
OF THE
BANDS**

**Battle raises an
incredible \$400,000!!**

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Building a stronger community together.

Scotiabank is proud to sponsor Battle of the Bands.

To learn more, please contact:

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Nurse Blessy Padadac demonstrates the use of Hololens, a mixed-reality headset that allows staff to connect with specialists off-site, remotely sharing what they see. This groundbreaking technology is made possible thanks to a generous donation from Ethel and Morty Fruchter. **See full story on p- 12.**



Inset: Representing Scotiabank, Presentation Sponsor of Donald Berman Maimonides Battle of the Bands, are Francois Beauregard, Marc-Antoine Saad, Jacques Maurice, and Louay Tfaily. **See p-4-9 for pics and more from the two-night sold-out fundraiser that raised a record-breaking \$400,000.**

Puppet therapy bringing smiles to DBJ residents

Edith Engel is a 100-year-old resident at Donald Berman Jewish Eldercare. She doesn't often attend the group recreational activities on her floor. The Recreational Therapy department wanted to find a way to reach residents like Edith who may benefit from activities that are not in a large group setting. That's when "The Puppet Journey with JJ" was brought to life.

"Janice [Greenberg] uses puppets to connect with residents in small group settings or one-on-one," says Josie Di Benedetto, Coordinator of Therapeutic Leisure and Recreology. "Puppets can help residents with dementia express themselves and project their emotions and experiences onto the characters," adds Josie. She recalls a time when a resident, who was a lawyer, started talking about tax law when a police officer puppet was used. "The man's face lit up," says Di Benedetto.



"Puppets can help residents with dementia express themselves and project their emotions and experiences onto the characters."

— Josie Di Benedetto, Coordinator of Therapeutic Leisure and Recreology

This program is offered twice a week at DBJ and now includes the addition of a karaoke machine. Funding from the DBJ Foundation has made this meaningful experience possible.

Perspective

SPRING 2025

Published by the Foundations of **Donald Berman Maimonides Geriatric Centre** and **Donald Berman Jewish Eldercare Centre**, *Perspective* keeps readers informed of developments and maintains a strong liaison between the Centres and the community at large.

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BATTLE OF THE BANDS

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Battle 2024 goes to the world's coolest music festivals

The 2024 Donald Berman Maimonides Battle of the Bands, presented by **Scotiabank**, took the audience on a dazzling magical mystery tour of the world's coolest music festivals...from Coachella to Glastonbury, Osheaga to Lollapalooza. Each of the eight bands, made up of well-known Montreal entrepreneurs, lawyers, doctors and even a few kids, were thrilled to be headlining their own music festival on the MTelus stage.

For the second year, the 2024 Donald Berman Maimonides Battle of the Bands, is thrilled to be partnering with **Scotiabank** and its subsidiaries **Jarislowsky Fraser**, **Scotia Wealth**

Management, **Roynat Capital** and **MD Financial Management** as the Presenting Sponsor of this year's event.

Thanks to all our donors, sponsors and friends, the Dec. 3 and 4 sold-out event raised a record-breaking amount—**\$400,000**—to fund the vital ongoing Cultural and Quality of Life programs that improve the lives of our 387 long-term care residents. These include our award-winning MISSIVE program, our garden upgrades and honeybee program, holiday celebrations and important leisure activities.

Back by popular demand, we rolled out the red carpet for our sponsors and

special guests with a cocktail reception featuring The Bandwagon performing in the **Delmar VIP Lounge**. Andy Nulman hosted the show and performed an ode to the event's sponsors.

Thank you to co-chairs Gerry Kandestin and Rob Hirscheimer for their dedication and leadership of this event. A special mention to the bands who truly brought their-A Game!!



SCAN TO WATCH!

Videos from this year's Battle on our Youtube channel

Tuesday, December 3



NEW KIDS ON THE WARD

Rob Hirscheimer
Mark Goldenberg
Elliott Shuchat
Dmitri Mak Mak
Mike Erskine
Diego Enrique



GERRYATRIX

Craig Morrison
Gary Sharkey
Ryan Fleury
Dave Lines
Marty Boodman
Samantha Borgel
Angela Galuppo
Gerry Kandestin



WHERE'S JOHNNY

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ThinkersOne



Wednesday, December 24



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- Jon Stein
- Steve Lubotta
- Matt Aisen
- John Bowie
- Doug Stein
- Howard Wallace
- Bruce Pascal



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- Jonas Wolfensohn
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- Dan Gideon



PAST THEIR PRIME-TIME PLAYERS & FRIENDS

- Geoff Lang
- Richard Yanofsky
- Rob Goldfarb
- Danny Nadler
- Ian Smart
- Teresa Estrada
- Wayne Couture
- Ralph Zinno
- Misha the Siberian

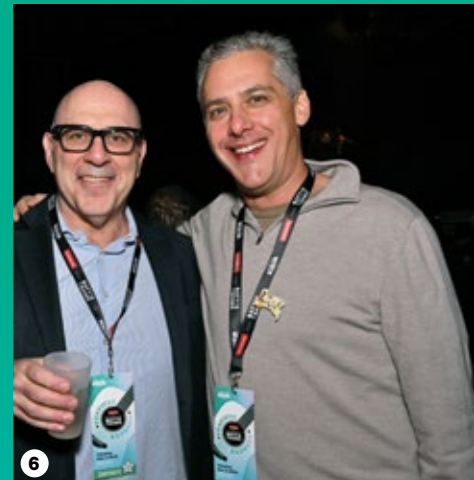


Tues, Dec. 3



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2. Josh Sazant, Della Druick, Callie Friedman, Jeremy Friedman

3. Naomi Jedeikin and Andy Nulman

4. Howard Stotland, Jenny, Marla and Lindsay Hirscheimer

5. Scotiabank's François Gingras, Luc Flynn, Glen Patterson

6. Barry Grossman, *Jam Industries'* Stuart Frenkel

7. Claudia Grundman, Craig Starke, Elynne Grundman, Jack Starke

8. Assante's John Israel Galambos, Rebecca Sohmer, Jeremy Hampson, Olivier Brasseur

9. *Fishman Flanz Meland Paquin's* Matthew Meland, Betlehem Endale, Jason Dolman, Justin Reiter

10. Line Traversy, Denis Hudon, Barry Steinberg,

Larry Vatch, Andrea Freedman, Marcia Gillman

11. *Richter's* Ian Weinstein, Brittany Goldstein

12. Maurine Cohen, Karen Oh, Jennifer Radowitz

13. *The Bandwagon:* (back) Richard Yanofsky, Geoff Lang, Maren Gube, (front) Merv Middling, Shaina Bronfen, Joanne Cutler, Robbie Goldfarb



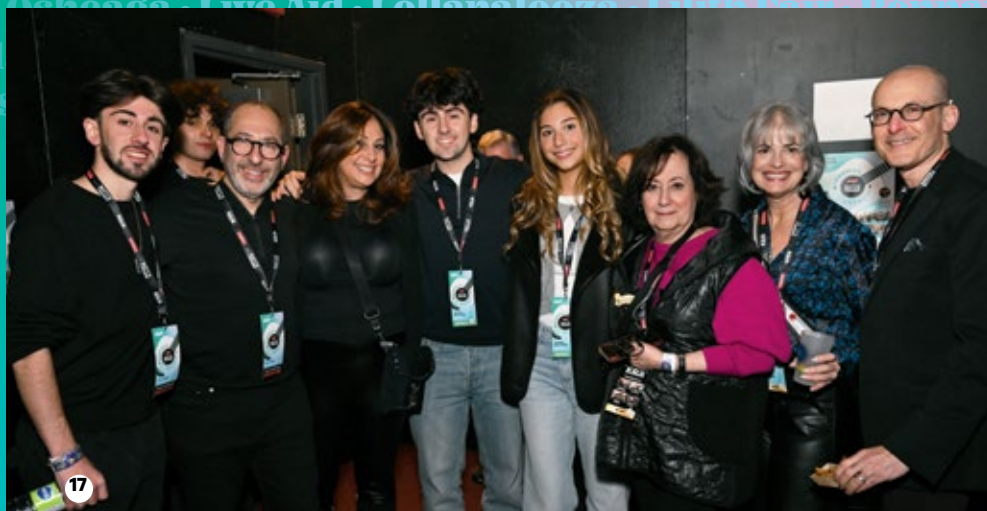
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14. Ginette Dalpe, Karyn Pellatt-Caron, Debbie Weiner, Tina Ferstman

15. Steve's Michael Kirman, Erica Rath

16. Bobby, Carly and Event co-chair Gerry Kandestin

17. Zane Burko, Benjamin Burko, Donna Litvack, Milo Burko, Lilah Goodman, Bluma Pasternak, Romy Schnaiberg, Brian Rocklin

18. Gail Grief, Debbie Weiner, Lori Chazonoff, Rudy Grief

19. Baycrest Foundation's Josh Cooper, Donald Berman Maimonides Foundation's Karen Flam, Brad Steinmetz

20. Andrew Lassner, Karen Saragossi, Olymbec's Richard and Marnie Stern

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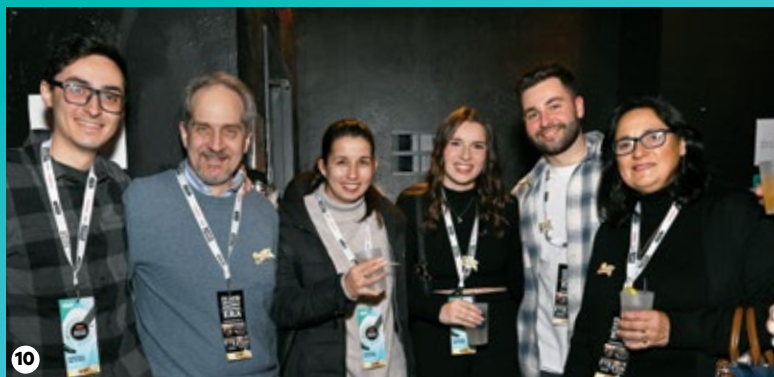
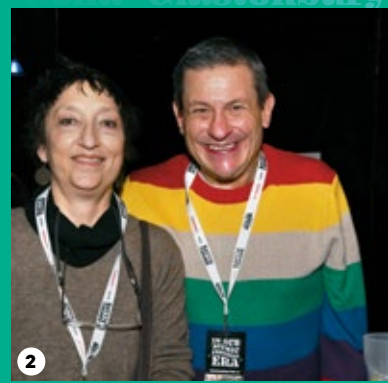
22. Harriet, Caroline, Drew and Johnny Miller

23. Evelyn Wajcer, Larry Vatch, Howard Stotland, Marla Weinstein, Peter Weinstein

Wed, Dec. 21



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- 2. Elena Kirschenbaum, Peter Levine
- 3. *Scotiabank's* Francois Beauregard, Jacques Maurice, Maxime Tull, Quyn Pham, Marc Antoine Saad, Louay Tfaily
- 4. Stuart Schick, Romy Hutman, Arlene Sternthall, Carl Shlesinger, Joe Shalit, Heather Schwartz
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- 7. *Clients of Wilensky's*: (back row) Paul Starr, Emilia Fernandez, Judy Suissa (front row) Michel Gohler, Sharon Wilensky, Lisa Steinberg, Albert Perez
- 8. Lorne Rosenbloom, Miri Rozenek
- 9. Rob Hirscheimer, Mark Goldenberg
- 10. *Steve's Music Store's* Billy and Betty Kirman and family



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11. David Di Biasio, Haley Singerman Di Biasio, Samara Singerman, Leslie Singerman, Sabrina Krausz
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HoloLens technology transforms long-term care thanks to donors

Imagine being able to get a diagnosis or treatment plan from a doctor or specialist without ever having to leave your room? At Donald Berman Maimonides and Donald Berman Jewish Eldercare, that is possible thanks to the use of HoloLens, a mixed-reality headset that enables staff to connect with wound care specialists, nurse clinicians or physicians in real time, remotely sharing what they see.

The benefits of the HoloLens was first seen during the COVID-19 pandemic. A member of the nursing care team would wear the device inside the “hot zone”, and get care advice from doctors or a nurse “on the outside”, limiting the risk of spreading the virus.

Nurses Blessy Padadac and Ronaliza Paran are members of the team who piloted the use of HoloLens on the 4th floor at DBM. They are now considered “super users” and are the references at Donald Berman Maimonides for the use of this innovation.

“This technology allows us to get quicker access to specialists who do not need to be on-site and provide the best treatment plan for our residents, without the risks of displacing them to the hospital.”

— Nurse Blessy Padadac

“This technology allows us to get quicker access to specialists who do not need to be on-site and provide the best treatment plan for our residents, without the risks of displacing them to the hospital,” says Padadac.



In a first in Quebec, HoloLens will soon be used in our Dentistry Department. “The HoloLens provides me with the opportunity to communicate effectively with nurses, physicians, and dental residents about the care of Maimonides residents when I am at a remote location. This is especially important for quick treatment when a resident has signs of a dental infection or complains of pain when there is no dentist present on site,” says Dr Mel Schwartz, Chief of the Department of Dentistry of CIUSSS West-Central Montreal, of which DBM and DBJ are member institutions.

This advanced technology is not currently covered by government funding. Thank you to Ethel and Morty Fruchter whose generous donation, in honor of their nephew, Dr. Lawrence Rudski, has made all this possible. The DBM and DBJ Foundations are generously sharing their six HoloLens units with staff at the other long-term care sites within our CIUSSS.



Battle voted top charity event

We are proud to announce that the 2024 Donald Berman Maimonides Battle of the Bands presented by Scotiabank won Silver in the Charity Events category for *The Suburban's* Best of Montreal! Thank you to everyone who took the time to vote! This event has truly captured the heart of the city and we are honored to be recognized.



Early warning signs that a person can no longer live alone

It can be very difficult to determine when the time has come that a parent can no longer live independently. The fact is that many families wait until a crisis thrusts them into the maze of senior care. It is much better to plan ahead and avoid the crisis altogether if possible. Below are some questions that can clarify your parents' needs and identify if home alone continues to be the best option for them.



MEDICATIONS

- Is your loved one taking all medications prescribed?
- Have medical conditions previously under control become acute?
- Do they have a system such as a pill organizer that you can look at to see if they are managing well with their medications?

SOCIAL CONTACT

- Has the amount of social contact changed dramatically, so that there are limited visits with close friends?
- Have their friends or neighbors noticed any changes?
- Are they able to use the phone on their own?
- Have there been an increase in fearful calls to family?

LIFESTYLE

- Has there been a change in dress or appearance, or a decline in personal hygiene?
- Are they hoarding things like clothes or other items?
- Has the tidiness routine changed from a neat and organized home to a cluttered or unkept home?
- Are they hoarding things like clothes or other items?
- Have they shown signs of inappropriate behavior such as turning the furnace off in the winter or storing an iron in the refrigerator?
- Has a spouse or caregiver recently taken sick or passed away?

FOOD

- Are they able to prepare and eat their own meals?
- Is food in the refrigerator often spoiled or kept long beyond the "used by" date?
- Are they still able to do their own grocery shopping?

FINANCES

- Is the mail being picked up and opened regularly?
- Are credit cards or checkbooks being misused or not balanced?
- Are bills being paid on time?

The answers to these questions may indicate that it is time to have your parents assessed and explore options that could avoid a future crisis such as a fall or hospital admission. The best way to do this is to contact your local CLSC and ask for the intake Social Worker.



Donations to Donald Berman Jewish Eldercare Foundation

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\$ 10,000-30,000

Felicia and Arnold Aaron Foundation
In memory of Elaine Baer
Naomi and Arnold Garber
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We are grateful to our Governors who upgraded their support this year. Their names appear in **bold**.

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Recognizing Excellence

OUTSTANDING SERVICE AWARD

This year's Outstanding Service Award — was presented to **Ethel and Morty Fruchter**.

Ethel and Morty were always supporters of ours in some capacity—they faithfully donated to our golf tournament on an annual basis. Our relationship with the Fruchters changed during a time of great turbulence at the Centre. Covid was at its most deadly—our long-term care Centres were fighting a battle within our own walls. There were no visitors at all. Our residents were battling loneliness and isolation. We received a call from Ethel Fruchter. She and Morty loved the idea of sponsoring our SMART TV initiative to provide SMART TV's in every resident's room.



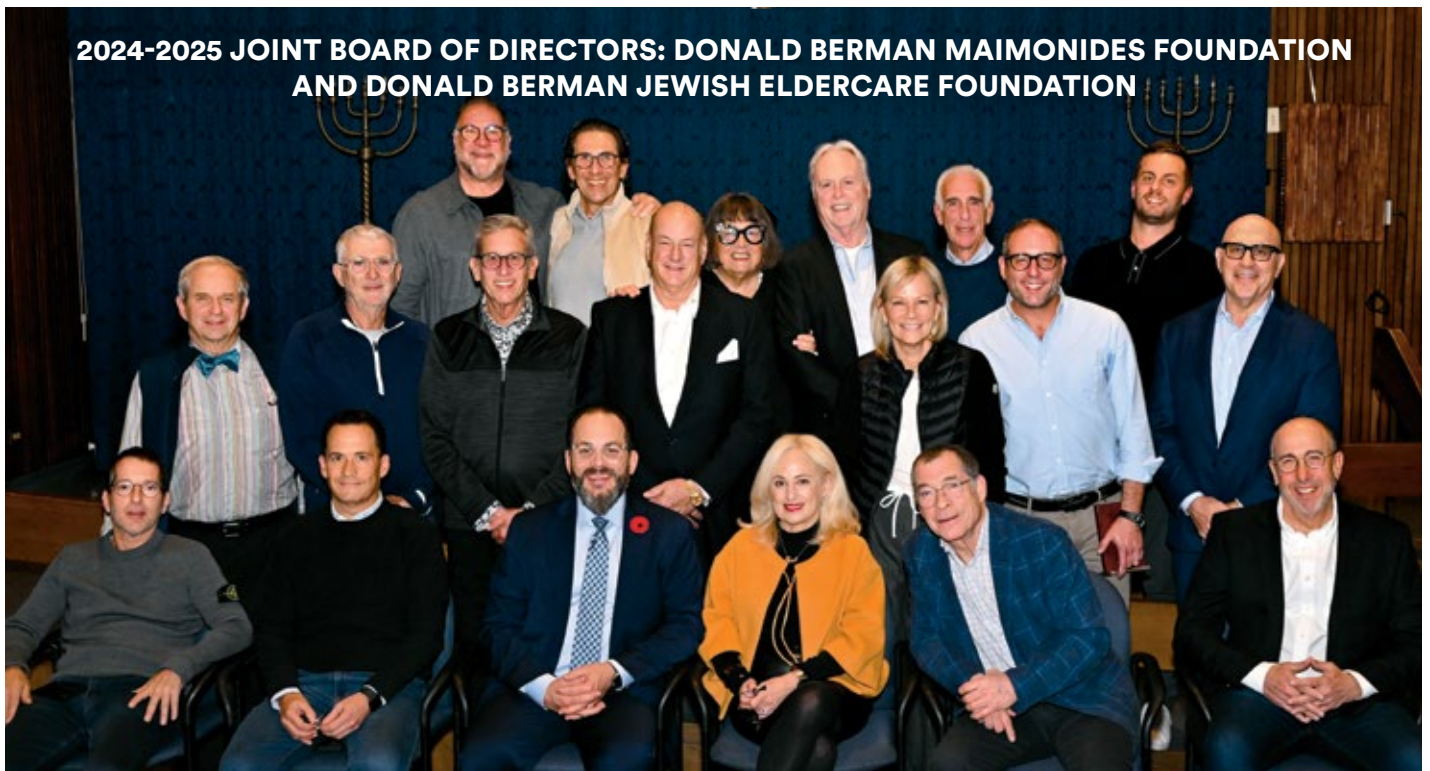
Pictured are Foundation Director Karen Flam, Morty and Ethel Fruchter.

A few months later, we began our wonderful partnership with the Summit School to reopen our coffee shop. We decided to name the Café in their honour—a fitting acknowledgement for such an important gift!!

Once the Covid restrictions were lifted, we hosted a *L'Chaim* to say thank you. Our relationship with Ethel and Morty

continued and they made another gift which enabled the purchase of several HoloLens for remote physician collaboration (see story p-12). We are extremely grateful to the Fruchters for always leading with their hearts. Ethel has even recently joined the Foundation Board of Directors.

2024-2025 JOINT BOARD OF DIRECTORS: DONALD BERMAN MAIMONIDES FOUNDATION AND DONALD BERMAN JEWISH ELDERCARE FOUNDATION



Back row (left to right): Morris Dascal, Robert Kertesz, Foundation Director Karen Flam, George Landau, Phillip Abbey, Zach Brzezinski
Middle row (left to right): Elliott Schuchat, Syd Gartner, Lawrence Young, Brad Steinmetz, Brenda Rosenberg, Marc Kimmel, Barry Grossman

Front row (left to right): Howard Szalavetz, Rob Hirscheimer, Danny Baum, Foundation President Randi Gitnick, Rory Olson, Mitch Kendall
Absent from photo: Milan Bratin, Tina Ferstman, Ethel Fruchter, Mark Goldman, Carly Goodman, Jonathan Green, George Itzcovitz, Jason Katz,

Jasen Kisber, Steve Kosters, Phil Levi, Maria Mangiocavallo, Bobby Mikelberg, Mike Matthews, Avi Milgram, Johnny Miller, Cindy Naimer, Freddie Naimer, Miri Rozenek, Richard Salis, Evan Schneidernan, Steven Schouela, Andrew Shapiro, Lili Yesovitch

DBM Bee Program wins an AJAS Award

Donald Berman Maimonides is the recipient of a 2025 Innovation Igniter Award from the Association of Jewish Aging Services (AJAS) for its innovative bee program.

Pictured below from left to right: Ruth Katz, AJAS CEO; Foundation board members Brad Steinmetz and Danny Baum; Foundation President Randi Gitnick; Director of SAPA Jennifer Clarke; Foundation Director Karen Flam; Susan Ryan, the Center For Innovation.



The Centre is collaborating with local beekeeper Yoav Sasportas from Apiguru who has set up two beehives in the garden—Each is home to up to 55,000 honey bees.

Residents learn about the process and reap the rewards of fresh honey produced by the bees at harvest time in the Fall.



Battle Hall of Fame

Howard Kay and **Marc Kimmel** were recently inducted into the Donald Berman Maimonides Battle of the Bands Hall of Fame in the Builder and Performer Categories respectively.

They join an esteemed group of loyal Battle innovators recognized for their significant contribution to the energy and evolution of this incredible event.



Foundation Director Karen Flam and Fellow Battle of the Bands Hall of Famer and Battle co-chair Rob Hirscheimer welcome new inductees Howard Kay and Marc Kimmel.

Gifts of Stock

Did you know that donating appreciated securities can benefit both you and the Foundations of Donald Berman Maimonides Geriatric Centre and Donald Berman Jewish Eldercare Centre?

EXAMPLE

Ten years ago you bought \$5,000 in stock
TODAY it's worth \$25,000.

Sell stock and donate after-tax proceeds

CAPITAL GAIN	\$20,000
CAPITAL GAINS TAX OWED	\$5,300
CHARITY RECEIVES	\$14,700
CHARITABLE TAX CREDIT	\$6,681

Donate stock directly to charity

CAPITAL GAIN	\$20,000
CAPITAL GAINS TAX OWED	\$0
CHARITY RECEIVES	\$20,000
CHARITABLE TAX CREDIT	*\$9,108

* An estimate based on a 53% marginal tax rate.



The foundations get more, you get more!

Call Karen Flam, Foundation Director, to discuss making a donation of stocks to DBM or DBJ:
(514) 483-2121 ext. 72307.

Kitchen upgrades thanks to Foundation

Kitchens in long-term care sites are more than just a place where meals are prepared. They are a hub of activity where the utmost of care is taken to meet each resident's nutritional and cultural needs. Thanks to the DBM and DBJ Foundations, old equipment that no longer works properly will be upgraded at both long-term care sites. As well, the Foundation is funding the koshering of the kitchens for Passover.

Preparing for Passover takes a lot of planning and is quite extensive. In the past, staff at both sites have taken on the two-week project often above and beyond regular working hours. This year, thanks to the Foundations, an outside company has been hired to do the job. Moshe Banoon, Head of Food Services for Donald Berman Jewish Eldercare and Mount Sinai Hospital is grateful.

"This gives my staff such peace of mind. They don't need to worry about all the extra cleaning of the delivery carts, the belt line, the fridges, stoves, all the equipment. We can concentrate on the service to our residents. Given the 24/7 needs of at our Centre, we hope this will allow for a more seamless transition and give us the opportunity to focus on the food itself."

"This gives my staff such peace of mind... We can concentrate on the service to our residents."

— Moshe Banoon, Head of Food Services for Donald Berman Jewish Eldercare and Mount Sinai Hospital

Food is the last joy for many residents. It brings comfort and pleasure and often evokes strong emotions and memories tied to family traditions,



especially during holidays. The Foundation is committed to ensuring that Food Services can continue to provide kosher meals that are central to the traditional Jewish life of our residents during the Holidays and throughout the year. Seders are also being held on each floor where family members are encouraged to join.



Congratulations on another successful year of Battle of the Bands!!

You could be eligible if you are:

- Age 65 or older
- Retired & receiving old age pension
- Living alone
- Are related to someone who has (or had) dementia

Study requirements

- The program will involve participating in small group problem-solving for a concern important to you
- These meetings will take place approximately every 2 weeks for about 18 months

Stay Sharp for the Future: Be Part of the APROACH Dementia Prevention Study!

We are testing a program designed to boost brain activity and strengthen important thinking skills, like memory, problem-solving, and decision-making, to help prevent or delay dementia.

The Authentic Participatory Research for Older Adult Cognitive Health (APROACH) Pilot study



Participant benefits

You will receive \$50 for your participation in each group meeting

Location

Donald Berman Maimonides Geriatric Centre
5795 Av. Caldwell,
Côte Saint-Luc, QC

For more information:



Contact: Courtney Smith
Principal Research Assistant
514-483-2121 x72224
courtney.smith.ccomtl@ssss.gouv.qc.ca
<https://dbmcra.ca/en/approach-pilot-study-information/>

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Tuesday & Wednesday

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